

# ecomaine Recycling Guidelines

## DO Recycle

**Paper, Plastic, Metal, & Glass can all be mixed together.**

### PAPER

- All Clean Cardboard, Paperboard & Pizza Boxes
- Newspapers & Inserts
- Magazines
- Mail & Catalogs
- Paper Bags
- Office Paper & Envelopes
- Wrapping Paper
- Phone Books
- Hard Cover Books
- Paper Plates (*clean*)
- Milk & Juice Cartons
- Drink Boxes & Aseptic Containers
- Shredded Paper (put in clear bags)

### PLASTIC

- Water Bottles
- Milk Jugs
- Detergent Bottles
- All rigid containers marked with a #1-#7 (except Styrofoam)
- Plastic Grocery & Large Shopping Bags marked with #2 or #4

### METAL

- Tin Cans
- Aerosol Cans (empty)
- Aluminum Cans/Foil
- Pots & Pans

### GLASS

All glass Bottles & Jars (all colors)

***All Containers Must Be EMPTY***

## Don't Recycle

**Note Size!**  
**Nothing bigger than a 5-gallon bucket**

### Trash/Garbage

### Needles & Sharps

**No Large metal parts**  
car, boat, truck, etc.

### Wood/lumber

**Propane, helium** or other gas cylinders

**Piping**, plastic or metal

### Clothing & shoes

### Plastic bags:

- frozen vegetable
- bread bags
- newspaper bags
- potato or snack
- sandwich
- trash bags

### Plastic wrap or film

### Garden hoses

Batteries, alkaline or button-cell  
Boat shrink-wrap/tarps  
Bubble-wrap  
Diapers  
Envelopes that are plastic or Tyvek®  
Food (compost it)  
Kitty litter  
Knives  
Light bulbs (any type; return CFLs to store)  
Paper napkin/towels  
Styrofoam® or polystyrene foam (even if marked #6)  
Toys  
Vinyl siding  
Waxed paper / boxes

## Know which Plastics to Recycle

With the exception of Styrofoam®, your plastic is recyclable if the answers to all three questions are YES:

1. Does it have a number (1-7) in the middle of the chasing arrows?
2. Is it rigid or hard? (However, large shopping bags *are* recyclable)
3. Is it a container?



## No hazardous waste – ever!

Items categorized as “hazardous waste” must be disposed of carefully and cannot be included with your trash or with single-sort recycling. Such as:

- ✘ Ammunition
- ✘ Anti-freeze
- ✘ Button-cell batteries
- ✘ CFL light bulbs (compact fluorescent lights)
- ✘ Chemicals
- ✘ Computers & related parts
- ✘ Fertilizers
- ✘ Fluorescent bulbs (of any kind)
- ✘ Fuel (gasoline, diesel, kerosene)
- ✘ Mercury (in any amount)
- ✘ Oxygen tanks
- ✘ Paint thinner
- ✘ Pesticides
- ✘ Propane tanks
- ✘ Rechargeable batteries
- ✘ TVs

However, area transfer stations and recycling centers often offer programs to take this kind of waste.

### For more information,

- Go to [www.ecomaine.org](http://www.ecomaine.org)
- Call ecomaine at 773-1738
- Call your town office