

FALL PROGRAMS WRAP UP!

We had a great fall season! We would like to thank our volunteer coaches for all their dedication to our programs! This fall we had 150 participants in Soccer, Cross Country, Run Club, Learn To Skate, Learn To Play Hockey, Field Hockey (Casco Rec Program), and Football (Naples Rec Program).

The Before and After School Enrichment Program serves 84 participants who participate weekly in various activities such as STEM, Legos, Dance Club, Arts and Crafts, and visits to the Magic Lantern for educational shows.

At the Town Hall Gym the adult programs like Pickleball, Tai Chi, Table Tennis, Jumping Janes Senior Fitness, and Zumba Gold continue to grow in participation. Saturday morning Karate is available for families and individuals and Toddler Playgroup has been a ton of fun with tricycles, cars, and bounce house.

In other news the Ham Complex had its first official season as the Towns newly owned field closing out the soccer season with both the boys and girls 5th and 6th grade teams winning the end of season soccer round robin.

We had our largest group of adults on our annual Tuesday Fryeburg Fair Trip. The trip is free to residents. Adults trips coming up include The Magic of Christmas with the PSO, and a family trip to Disney on Ice which include Pizza and Disney Trivia!





We would like to thank everyone who came out to our Lights on After School event! Enrichment Program participants created a poster board of all the things they love about our program and staff, we displayed various STEM, Lego, and art projects. We also had some of the various community partners that help create opportunities for children in our before and after school programs.



NIGHTMARE AT THE TOWN ICE RINK



Our 2nd Annual Nightmare at the Town Ice Rink was a whole bunch of scary fun! In four days we had the pleasure of scaring 360 people who came through the Town Ice Rink and tested their skills against Zombies! The Elevator down to the secret underground lab challenged even the bravest participants as they dodged the undead and then had to survive the woods behind the Town Hall.

We would like to thank the Greater Bridgton Chamber of Commerce, MEH, Cook Farms, and Happy Valley Popcorn for sponsoring our haunted walk! A special thanks to our Zombie actors and actresses, you are so appreciated. Finally we would like to thank Bill Adams of Play207, and Ed Frank, resident of Bridgton, for their help, partnership, and coming over daily to the rink to set up the event! We can not wait to tally our scare count in 2023!



LAKE REGION YOUTH BASKETBALL

BASKETBALL

SEASON STARTS SOON

VOLUNTEERS COACHES NEEDED



GRADE K-2

CLINIC BASED
LEARN BASICS
ONCE A WEEK
NO SCHEDULED GAMES

GRADE 3-4

WEDNESDAY GAMES
ONCE A WEEK PRACTICES

GRADE 5-6

SATURDAY GAMES
ONCE A WEEK
PRACTICES

B BRIDGTON
RECREATION

Gary Colello, Director of Recreation 207-647-1126 rec@bridgtonmaine.org

REGISTER ONLINE @

WWW.BRIDGTONMAINE.ORG

B FAMILY TRIP BRIDGTON & SEBAGO RECREATION



3:30 PM – PIZZA PARTY & DISNEY TRIVIA @ BRIDGTON TOWN HALL

4:30 PM BUS DEPARTS FOR PORTLAND DISNEY ON ICE

5:45 PM ARRIVE @ CROSS INSURANCE ARENA

6:00 PM SHOW BEGINS

AFTER SHOW BUS RETURNS TO BRIDGTON TOWN HALL

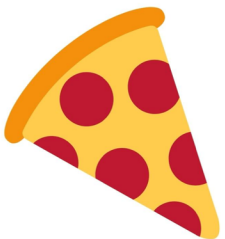
\$20 PER PERSON

DECEMBER 16TH 2022

PIZZA & SHOW

6PM SHOW

**TO REGISTER VISIT WWW.BRIDGTONMAINE.ORG OR
WWW.TOWNOFSEBAGO.ORG/RECREATION**





ADULT TRIP

MAGIC OF CHRISTMAS

Join Bridgton and Sebago Recreation to Celebrate the Magic of Christmas with the Portland Symphony Orchestra!

This beloved tradition (now in its 43rd year!) will feature brilliant renditions of holiday classics new and old!
Bus Leaves From Bridgton Town Hall @ 12:15PM

Register Now AT
bridgtonmaine.org/bridgton-recreation/ or
www.townofsebago.org/recreation

TOWN OF BRIDGTON RECREATION
207-647-1126
REC@BRIDGTONMAINE.ORG

\$45.00 PER TICKET

TOWN OF SEBAGO RECREATION
207-595-4018
RECDIRECTOR@TOWNOFSEBAGO.ORG

DECEMBER 10TH 2022 2PM



SAVE THE DATE

TOWN OF BRIDGTON

Festival of Lights

DECEMBER 3, 2022

DETAILS COMING SOON

PARADE, CRAFT FAIR, MUSIC, TREE LIGHTING, ACTIVITIES

Volunteer!!!

Contact Us @

rec@bridgtonmaine.org or 207-647-1126

Love always.
**BRIDGTON
MAINE**

BRIDGTON TOWN ICE RINK



Winter Wonderland

FREE TO THE PUBLIC

NORTH POLE WALK

OPEN DAILY

HOURS LISTED ON TOWN HALL GYM / ICE RINK
CALENDAR ON WEBSITE @BRIDGTONMAINE.ORG

DECEMBER 2ND TO 23RD

CHRISTMAS MUSIC - DECORATED RINK
FOR THE HOLIDAYS - WALK THROUGH -
LIGHTS - NORTH POLE - FUN FOR THE
FAMILY - HOT CHOCOLATE

**WE ARE LOOKING FOR LOCAL BUSINESSES,
INDIVIDUALS, OR ORGANIZATIONS THAT WOULD
LIKE TO DECORATE AND/OR SPONSOR AN AREA
OF THE ICE RINK. THE SIZE OF THE SPACE IS UP TO
YOU!**



DONATIONS ACCEPTED - PROCEEDS GO TO SCHOLARSHIPS FOR AFTER SCHOOL ENRICHMENT PROGRAMS
28 NORTH HIGH ST BRIDGTON, ME 04009 207-647-1126 REC@BRIDGTONMAINE.ORG



Bridgton Town Hall Gym
26 N. High St
Bridgton, ME 04009

FESTIVAL OF LIGHTS

DEC. 3, 2022 8:00AM TO 3:00 PM

Craft & Vendor Fair

Calling All Vendors Sign Up Now @ bridgtonmaine.org

Love always,
**BRIDGTON
MAINE**

BRIDGTON DEPARTMENT OF RECREATION

GARY COLELLO, DIRECTOR

207-647-1126

Free Play Games Crafts
PlaygRouP



Bridgton Town Hall Monday and Friday's 10:00 AM - 11:30 AM

B BRIDGTON
RECREATION
Gary Colello, Director of Recreation 207-647-1126 rec@bridgtonmaine.org

FREE PARTICIPATION
All Welcome!
DONATION ACCPETED
(Benefit Recreation Programs)

Daily Walking @ Town Hall
8AM to 9AM

Starting August 22nd

Jumping Janes

Senior Exercise

Monday, Wednesday, Friday

9:00AM - 10:00AM

Drops Ins Welcome & Encouraged
Recommended For All Ages
Free Program (Recommended Donation)



PICKLEBALL

26 North High St. Bridgton, ME 04009

BRIDGTON

Call or Text 207-647-1126, 207-595-9022 rec@bridgtonmaine.org

Old Town Hall Gym



DIRECTOR OF RECREATION - *Gary Colello*

Visit <https://bridgtonmaine.org/bridgton-recreation/>



Town Ice Rink



DEPUTY DIRECTOR OF RECREATION - *Leslie Hayes*

For Building Programs and Schedule

Drops Ins Welcome
All Ages and Skill Levels
Free Program (Recommended Donation)

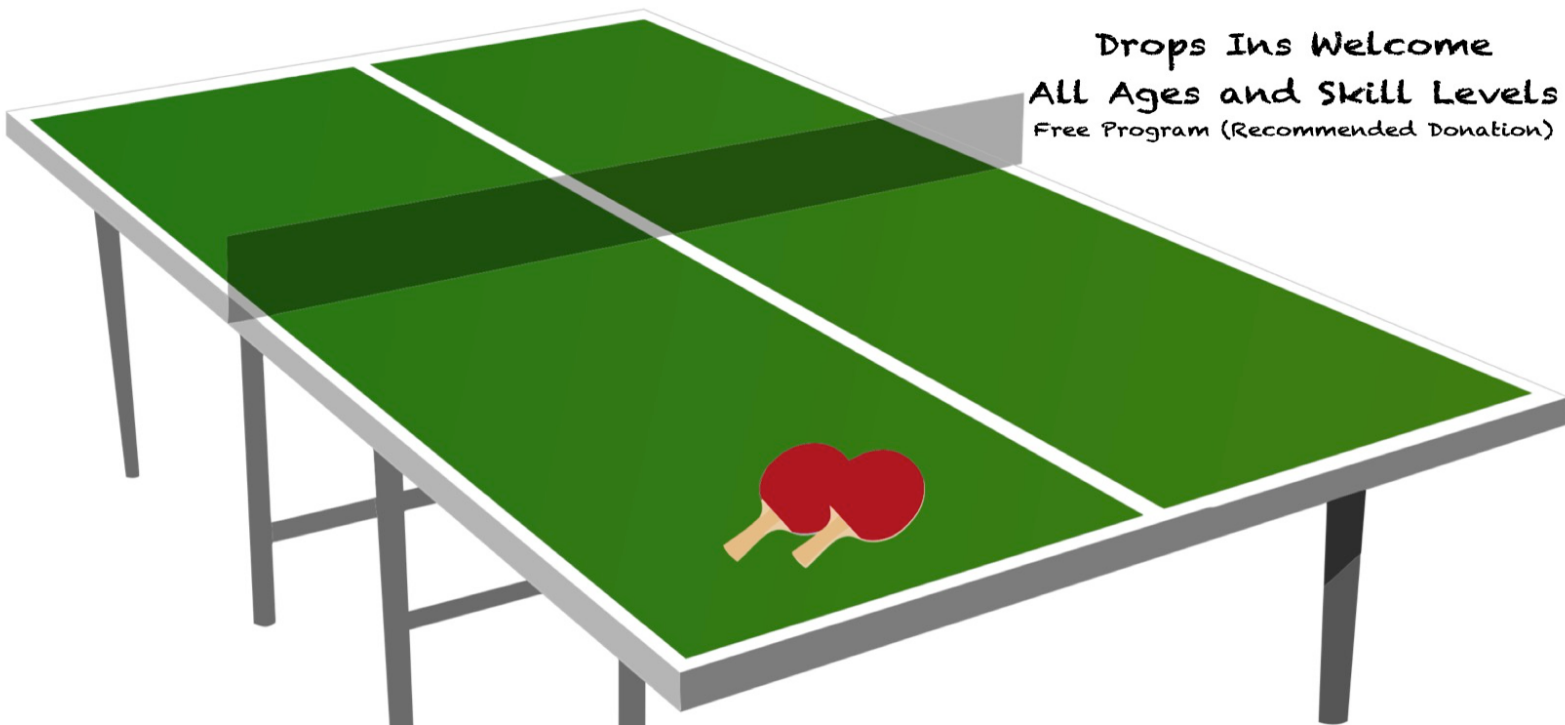


Table Tennis
Sundays 1PM to 4PM
Bridgton Town Hall



Join us in sharing the life force, or energy (Chi) benefits of practicing the ancient Chinese art of Tai Chi. Led by those with long-term Tai Chi experience, friends join together to support and help each other in learning a sequence of 108 Tai Chi Moves. The movements emphasize a straight spine, proper breathing and a natural range of motions. Classes are FREE!



Checkout Our Online
Calendar For Programs

@bridgtonmaine.org/recreation-department

26 North High St. Bridgton, ME 04009	BRIDGTON	Call or Text 207-647-1126 rec@bridgtonmaine.org
Old Town Hall Gym	B	Town Ice Rink
DIRECTOR OF RECREATION - Gary Coello	RECREATION	RECREATION PROGRAMMER - Leslie Hayes
Visit https://bridgtonmaine.org/bridgton-recreation/		For Building Programs and Schedule



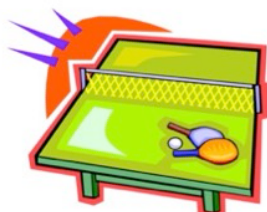
Jumping
Janes Senior
Exercise



Toddler Playgroup



TAI CHI
MAINE



OPEN TO THE PUBLIC - Donations Accepted



B BRIDGTON RECREATION Community

Gary Colello, Director of Recreation 207-647-1126 rec@bridgtonmaine.org



Karate Traditional Okinawan



SELF DEFENSE
BALANCE
COORDINATION
STRENGTH
SELF-CONFIDENCE
DISCIPLINE
FOCUS



IMPROVED HAND EYE COORDINATION
RESILIENT CHARACTER
IMPROVED PHYSICAL FITNESS
ASSIST IN WEIGHT LOSS

FAMILY CLASS / 5+ **Saturdays** TEEN/ADULT
11:00AM - 12:00PM 12:15PM - 1:15PM

COST: \$20 PER MONTH PER STUDENT
\$50 PER MONTH FOR FAMILY (3 OR MORE)
REGISTER @ BRIDGTONMAINE.ORG/BRIDGTON-RECREATION/

QUESTIONS? CONTACT
TINA HOLLAND
KOSTANTINAHOLLAND@YAHOO.COM OR 631-455-5120

Old Town Hall Gym



Town Ice Rink



DIRECTOR OF RECREATION - *Gary Colello*



DEPUTY DIRECTOR OF RECREATION - *Leslie Hayes*

Visit <https://bridgtonmaine.org/bridgton-recreation/>

For Building Programs and Schedule

Youth Athletics

- Soccer
- Basketball
- Baseball
- Softball
- Lacrosse
- Cross Country
- Learn To Skate
- Learn To Play - Ice Hockey
- Open Gym
- Skating

Community Programs

- After School Karate
- Run Club
- Toddler Playgroup
- Walking
- Swim Lessons

Enrichment Programs

- Before and After School Care
- Summer Rec Elementary
- Summer Rec Teens
- After School STEM
- Enrichment Trips

Community Events

- Festival of Lights & Parade
- Independence Day Fireworks
- Zerbini Family Circus
- Haunted Walk - Halloween

Adult Programs

- Zumba
- Zumba Gold
- Pickleball
- Table Tennis / Ping Pong
- Tai Chi
- Karate
- Jumping Janes Senior Fitness

Adult/ Community Trips

- Red Sox
- Cabbage Island Clam Bake
- Magic of Christmas
- Disney On Ice
- Fall Foliage
- Fryeburg Fair



BRIDGTON REC

BEFORE AND AFTER SCHOOL CARE

