

FALL 2023

NEWSLETTER



Babe Ruth Softball State Tournament Success

19 Teams of eager softball players rolled into Bridgton on July 14th and 15th. Players from various parts of the the State of Maine earned their way on to their league All-Star teams to represent their region in the Maine Babe Ruth Softball State Championship Tournament for the 8 and Under, 10 and Under, and 12 and Under!

The tournament games were hosted at the Ham Complex and Jr Harmon Field.

The Bridgton Rec Department would like to thank Babe Ruth Softball for selecting Bridgton to host. The Bridgton Public Works Department and Parks Department for their help preparing the fields. Rex Rolfe and the Rolfe Corporation for all of their help with the entry road and parking lot! We would also like to thank all the Umpires, especially the Umpire in Chief Bridgton resident Shawn Stevens, and the countless community members, staff, and volunteers that helped pull off a great experience for the players and coaches who visited our community!

We look forward to hosting more events and tournaments in the months and years to come! Congratulations to all the teams and the individual players success!



DATES TO REMEMBER

Last Day of Summer Camp
AUGUST 18TH

Fall Sports Sign Up
DEADLINE 8/18

Senior Games Table Tennis
AUGUST 20TH

Cabbage Island Adult Trip
SOLD OUT AUGUST 23RD

Town Hall Programs Return
AUGUST 28TH

Youth Fall Sports Open
Each Sport Varies With Start
AUGUST 28TH

First Day of Enrichment
Program
AUGUST 28TH

Lights on After School
Open House
OCTOBER 20TH

Fryeburg Fair Adult Trip
OCTOBER 3RD

Haunted Nightmare Walk
OCTOBER 2023

WE ARE IN NEED OF VOLUNTEERS FOR ATHLETICS, TOWN EVENTS, AND PROGRAMS

SUMMER WITH BRIDGTON REC



BRIDGTON REC
LAKE REGION YOUTH SOCCER

HAVE
FUN!

DEADLINE
8/18/23

REGISTER NOW
FOR FALL 2023 SEASON
KINDERGARTEN THROUGH 6TH GRADE

REGISTER ONLINE [AT] BRIDGTONMAINE.ORG

LAKE REGION YOUTH ATHLETICS

YOUTH CROSS COUNTRY



This program is open to all Bridgton, Casco, Naples, and Sebago residents who are going into 3rd Grade to 5th grade.

\$25 Per Child Registration Fee

For Questions Contact your Town Recreation Department



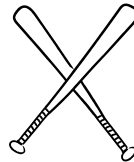
Schedule and Meet Times & Dates TBD - Volunteers Needed

PRACTICE STARTS SEPT. 6TH



Pitch, Hit, and Run FUN!

GREAT JOB TO ALL THE PARTICIPANTS! A BIG THANKS TO COACH STACY, HEAD COACH OF LAKE REGION VARSITY BASEBALL, AND COACH IZARYK, ATHLETIC DIRECTOR & HEAD COACH OF BRIDGTON ACADEMY BASEBALL FOR THEIR HELP ON THE FIELD!



Lake Region Youth Football

Registration is Open

Programs for Boys & Girls from
Bridgton, Casco, Naples, and
Sebago



3rd - 6th Grade

Tackle leagues against other towns. All Coaches are certified by USA Football in safe Heads Up tackling. \$80.

1st - 2nd Grade

Our Sunday flag football program allows players the chance to try multiple fall sports if they wish. \$40.



**Scholarships Available: Contact Brian at
naplesrec@townofnaples.org**



Registration Now Open

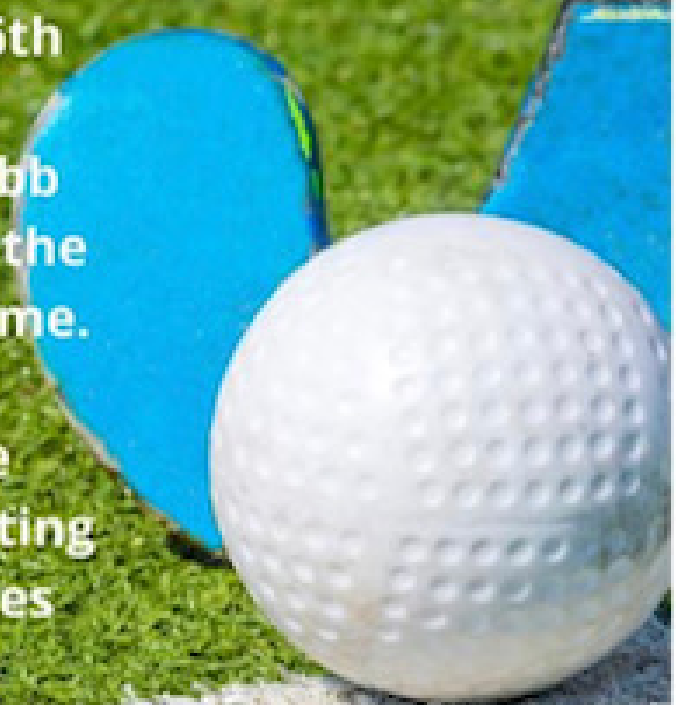
www.townofnaples.org/recreation

Lake Region Field Hockey

Casco Recreation is offering field hockey for all Lake Region 1st thru 6th graders.

Join Coach Pauline Webb and her staff and learn the fundamentals of the game.

Practice will be held twice a week at Lake Region High School starting in September. Playdates will be on Sundays.



FMI contact Beth Latsey at
blatsey@cascomaine.org or call 627-4187
www.cascomaine.org/recreation

Cost: \$40.00

BRIDGTON RECREATION

BEFORE AND AFTER SCHOOL ENRICHMENT PROGRAM

PLAY, LEARN, GROW, TOGETHER

Outdoor Games, Playground Time, LEGOS,
STEM Projects, Arts & Culture, & More



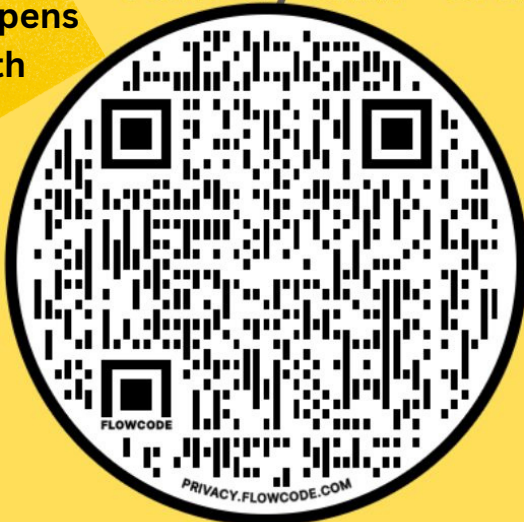
BRIDGTON
B
RECREATION

6:00 AM to 8:30 AM & 3:00 PM to 6:00 PM

**Open Most School Vacations Days, Half Days,
Most Snow Days**

Full Day 6AM – 6PM

**Registration Opens
August 16th**



**MONTHLY
\$115**

Kindergarten – 5th

****Our program is eligible to accept the Maine State
Childcare Subsidy Program. Please contact us for more
information.****

📍 26 North High St. Bridgton, ME
☎ 207-595-9022 or 207-256-7003
✉ rec@bridgtonmaine.org

STEVENSON BROOK ELEMENTARY SCHOOL GYM
OCT 26TH 5-7PM
**LIGHTS ON
AFTER SCHOOL**

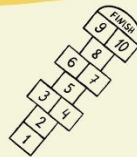


COMMUNITY PROGRAMS

YOUTH ATHLETICS

AFTER SCHOOL CARE

COMMUNITY ENRICHMENT



IT'S ON! WE CAN'T WAIT TO JOIN IN ON THE NATIONWIDE CELEBRATION OF
#LIGHTSONAFTERSCHOOL. AFTERSCHOOL AND SUMMER LEARNING PROGRAMS KEEP KIDS SAFE,
INSPIRE THEM TO LEARN AND HELP WORKING FAMILIES—AND ON OCT. 26 WE CELEBRATE.

JOIN US AS WE HAVE GAMES, FOOD, PROGRAM DISPLAYS, FAMILY RESOURCES, AND PROJECTS THE
KIDS PUT TOGETHER!

INTERESTED IN SPONSORING OUR ENRICHMENT PROGRAMS,
SCHOLARSHIPS, OR EDUCATIONAL FIELD TRIPS PLEASE CONTACT US

@ REC@BRIDGTONMAINE.ORG

CONTACT INFO

GARY COLELLO, DIRECTOR 207-647-1126

LESLIE HAYES, DEPUTY DIRECTOR 207-595-9022



**JOIN BRIDGTON RECREATION FOR A DAY AT THE FRYEBURG FAIR!!
NO NEED TO WORRY ABOUT DRIVING AND FINDING PARKING! DROP OFF AND PICK
UP WILL BE RIGHT AT THE GATE!**

**ENJOY THE DAY AT NO COST IF YOU ARE BRIDGTON RESIDENT! TICKETS FOR 64
AND YOUNGER WILL NEED TO BE PURCHASE AT THE TICKET BOOTH.**

**WE WILL MEET AT THE BRIDGTON TOWN HALL AT 9:00 AM FOR A 9:15 DEPARTURE
TO THE FRYEBURG FAIR. PICKED UP AT 2:30 IN THE SAME LOCATION AS OUR
DROP OFF!**

REGISTRATION IS REQUIRED TO TAKE THE SHUTTLE (SCHOOL BUS) TO THE FAIR!

**QUESTIONS?
CONTACT US @ REC@BRIDGTONMAINE.ORG**

www.bridgtonmaine.org/bridgtonrecreation



Bridgton Rec Adult Trip

CABBAGE ISLAND CLAM BAKE

Wednesday, August 23rd, 2023

ITINERARY

8:30 AM

PICK UP BRIDGTON TOWN HALL

9:15 AM

PICK UP SPOT OXFORD REC CENTER

11:00 AM

ARRIVE @ BOOTHBAY HARBOR

12:30 PM

BOARD BENNIE ALICE FOR HARBOR TOUR

1:00 PM

LUNCH ON CABBAGE ISLAND

4:00 PM

RETURN TO HARBOR

4:30 PM

HEAD HOME ON BUS FINAL STOP BRIDGTON TOWN HALL

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Registration Required

\$120 PER PERSON

BRIDGTON

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Includes Coach Bus and Cabbage Island Meal

Register Online @ bridgtonmaine.org



ADULT TRIP

MAGIC OF CHRISTMAS

Join Bridgton Recreation to Celebrate the Magic of Christmas with the
Portland Symphony Orchestra!

This beloved tradition (now in its 44th year!)
will feature brilliant renditions of holiday classics new and old!
Bus Leaves From Bridgton Town Hall @ 12:15PM

Register Now AT
bridgtonmaine.org/bridgton-recreation/ or
www.townofsebago.org/recreation

TOWN OF BRIDGTON RECREATION
207-647-1126
REC@BRIDGTONMAINE.ORG

\$45.00 PER TICKET

DECEMBER 10TH 2023 2PM





TABLE TENNIS



BRIDGTON
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RECREATION

Love always,
**BRIDGTON
MAINE**

**MAINE
SENIOR GAMES**

SUNDAY



45+
MEN
WOMEN
DOUBLES
MIXED DBS

**20 20
AUG
— 23**

10:00AM

**BRIDGTON TOWN HALL GYM
26 NORTH HIGH ST.
BRIDGTON, ME 04009**

REGISTER @ WWW.MAINESENIORGAMES.ORG



WEEKLY

4 SQUARE

SATURDAY'S

10:30 AM - 12:00 PM

**BRIDGTON TOWN HALL
26 NORTH HIGH STREET
BRIDGTON, ME 04009**

FALL
2023

Save The Date May 4th, 2024
Four Square World Championships

ALL
WELCOME

26 North High St. Bridgton, ME 04009

BRIDGTON

Call or Text 207-647-1126, 207-595-9022 rec@bridgtonmaine.org

Old Town Hall Gym



DIRECTOR OF RECREATION - *Gary Coello*

Visit <https://bridgtonmaine.org/bridgton-recreation/>

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Town Ice Rink



DEPUTY DIRECTOR OF RECREATION - *Leslie Hayes*

For Building Programs and Schedule

MONDAY, WEDNESDAY, FRIDAY JUMPING JANES EXERCISE

LOW IMPACT TOTAL BODY WORKOUT!
9:00AM - 10:00AM

TOWN HALL GYM
26 NORTH HIGH ST
BRIDGTON, ME 04009

Town Hall Programs Return AUGUST 28TH

Exercise At Own Risk, Always Check With Your Physician Before Beginning A New Exercise Routine

BRIDGTON TOWN HALL GYM PICKLEBALL WEEKLY - TIMES VARY

VISIT

[BRIDGTONMAINE.ORG/BRIDGTON-RECREATION/](https://bridgtonmaine.org/bridgton-recreation/)
FOR MORE DETAILS



26 North High St. Bridgton, ME 04009

BRIDGTON

Call or Text 207-647-1126, 207-595-9022 rec@bridgtonmaine.org

Old Town Hall Gym

Town Ice Rink

DIRECTOR OF RECREATION - *Gary Coello*

DEPUTY DIRECTOR OF RECREATION - *Leslie Hayes*

Visit <https://bridgtonmaine.org/bridgton-recreation/>

For Building Programs and Schedule



Benefits of Walking 20 Minutes a Day

- ✓ Strengthens muscles
- ✓ Controls cholesterol levels
- ✓ Regulates blood pressure
- ✓ Reduces stress
- ✓ Delays aging
- ✓ Boosts immunity
- ✓ Improves heart health
- ✓ Burns fat

Walk With Us @ The Bridgton Town Hall Gym Monday Through Friday 7:30 to 9AM

***B** BRIDGTON
RECREATION*
Gary Colello, Director of Recreation 207-647-1126 rec@bridgtonmaine.org

Find us on



@BridgtonRec bridgtonmerek

BRIDGTON RECREATION

PING PONG

FREE TO PUBLIC

SUNDAYS

1:00PM TO 4:00PM

BRIDGTON TOWN HALL GYM
26 NORTH HIGH ST
BRIDGTON, ME 04009

BRIDGTON
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RECREATION

CHECK OUR WEBSITE FOR REGISTER AND INFORMATION

BRIDGTONMAINE.ORG/BRIDGTON-RECREATION/

SUMMER DRAMA CAMP



Our first year of Summer Drama Camp was a lot of fun! Thank you to Mrs. Sands for all her hard work helping us create a great program!

BRIDGTON REC TODDLER PLAYGROUP



Every Monday and Friday
10:30AM to 12:00PM

FREE

Bridgton Old Town Hall Gym

Donations Welcome

Be Sure To Check The Town Hall Calendar For Cancellations

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RECREATION
Gary Colello, Director of Recreation 207-647-1126 rec@bridgtonmaine.org

DID YOU KNOW?

The Bridgton Selectboard officially adopted Bridgton's first Open Space Plan. The Plan was created over a period of nine months, from late 2022 to July 2023, and involved a robust public engagement process that saw over 600 responses to a digital survey and great attendance at public workshops and meetings.



SCAN NOW





July is Park and Recreation Month

- According to NRPA's 2022 Engagement With Parks Report, people place a high value on the programs and services that park and recreation agencies deliver to their local communities every day and strongly support their mission.
- o 275 million people in the United States visited a local park or recreation facility at least once during the past year.
- o Nearly three in four U.S. residents have at least one local park, playground, open space or recreation center within walking distance of their homes.
- o 84 percent of U.S. adults seek high-quality parks and recreation when choosing a place to live.
- o Nine in 10 people agree parks and recreation is an important service provided by their local government.
- o Nearly three in four people agree equity should be an extremely or very important goal for their local park and recreation agency.



Ninety-three percent of U.S. adults say their mental health is improved by services offered by local park and recreation professionals and agencies.

- Nearly three in five adults say access to local parks and recreation is very or extremely essential to their mental and physical health.



BRIDGTON
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RECREATION

3rd Annual



HAUNTED NIGHTMARE

26 NORTH HIGH ST BRIDGTON, ME
BRIDGTON TOWN HALL & ICE RINK
OCTOBER 2023

RECOMMENDED
PG-13